










BREAKFAST - WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
	Assorted Pastries / Muffins	Assorted Pastries / Muffins	Assorted Pastries / Muffins	Assorted Pastries / Muffins	Assorted Pastries / Muffins	Assorted Pastries / Muffins	Assorted Pastries / Muffins
	Assorted Bagels / Breads	Assorted Bagels / Breads	Assorted Bagels / Breads	Assorted Bagels / Breads	Assorted Bagels / Breads	Assorted Bagels / Breads	Assorted Bagels / Breads
	Assorted Hot / Cold Cereals	Assorted Hot / Cold Cereals	Assorted Hot / Cold Cereals	Assorted Hot / Cold Cereals	Assorted Hot / Cold Cereals	Assorted Hot / Cold Cereals	Assorted Hot / Cold Cereals
	Breakfast Grill Special	Breakfast Grill Special	Breakfast Grill Special	Breakfast Grill Special	Breakfast Grill Special	Saturday Brunch	Sunday Brunch
	Pork Sausage Links	Crispy Bacon (Pork)	Crispy Bacon (Turkey)	Crispy Bacon (Pork)	Ham Steak w/ Red Eye Gravy	Breakfast Skillet	Ham Steak /w Red EyeGravy
	Turkey Sausage Patty	Turkey Sausage Patty	Pork Sausage Patty	Turkey Sausage Patty	Corned Beef Hash	Turkey Bacon	Corned Beef Hash
	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs
	Scrambled Eggs w/ Cheese	Scrambled Eggs w/ Cheese	Scrambled Eggs w/ Cheese	Scrambled Eggs w/ Cheese	Scrambled Eggs w/ Cheese	Scrambled Eggs w/ Cheese	Scrambled Eggs w/ Cheese
	Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs
	Grits	Grits	Grits	Grits	Grits	Grits	Grits
	Cheesy Grits	Cheesy Grits	Cheesy Grits	Cheesy Grits	Cheesy Grits	Cheesy Grits	Cheesy Grits
	Buttermilk Pancakes	French Toast w/ Strawberry Topping	Blueberry Pancakes	French Toast Sticks	Apple Pancakes	Waffles	Texas Toast French Toast
	Home Fried Potatoes	Fried Diced Potatoes	Potato Patty	Oven Roasted Breakfast Potatoes	Tater Tots	Hash Browns	Fried Diced Potatoes
	Oatmeal w/ Brown Sugar	Oatmeal w/ Brown Sugar	Oatmeal w/ Raisins	Oatmeal w/ Brown Sugar	Oatmeal w/ Raisins	Oatmeal w/ Brown Sugar	Oatmeal w/ Raisins
	Buttermilk Biscuits	Buttermilk Biscuits	Buttermilk Biscuits	Buttermilk Biscuits	Buttermilk Biscuits	Buttermilk Biscuits	Buttermilk Biscuits
	Vegan Hash- V	Spinach Quiche - VG	Vegetable Frittata - VG	Spinach Frittata - VG	Broccoli & Cheese Quiche - VG	Broccoli & Cheese Quiche - VG	Vegetable Frittata - VG






BREAKFAST - WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
	Assorted Pastries / Muffins	Assorted Pastries / Muffins	Assorted Pastries / Muffins	Assorted Pastries / Muffins	Assorted Pastries / Muffins	Assorted Pastries / Muffins	Assorted Pastries / Muffins
	Assorted Bagels / Breads	Assorted Bagels / Breads	Assorted Bagels / Breads	Assorted Bagels / Breads	Assorted Bagels / Breads	Assorted Bagels / Breads	Assorted Bagels / Breads
	Assorted Hot / Cold Cereals	Assorted Hot / Cold Cereals	Assorted Hot / Cold Cereals	Assorted Hot / Cold Cereals	Assorted Hot / Cold Cereals	Assorted Hot / Cold Cereals	Assorted Hot / Cold Cereals
	Breakfast Grill Special	Breakfast Grill Special	Breakfast Grill Special	Breakfast Grill Special	Breakfast Grill Special	Saturday Brunch	Sunday Brunch
	Crispy Bacon (Pork)	Grilled Ham Steak	Turkey Sausage Links	Frizzled Ham	Crispy Bacon (Pork)	Turkey Bacon	Sausage Gravy
	Turkey Sausage Patty	Chicken Sausage Patty	Pork Sausage Patty	Turkey Sausage Patty	Turkey Sausage Links	Corn Beef Hash	Breakfast Skillet
	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs
	Scrambled Eggs w/ Cheese	Scrambled Eggs w/ Cheese	Scrambled Eggs w/ Cheese	Scrambled Eggs w/ Cheese	Scrambled Eggs w/ Cheese	Scrambled Eggs w/ Cheese	Scrambled Eggs w/ Cheese
	Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs
	Grits	Grits	Grits	Grits	Grits	Grits	Grits
	Cheesy Grits	Cheesy Grits	Cheesy Grits	Cheesy Grits	Cheesy Grits	Cheesy Grits	Cheesy Grits
	French Toast w/ Peach Topping	Buttermilk Pancakes	Red Velvet Waffles	Cinnamon Swirl French Toast	Buttermilk Pancakes	Belgian Waffles	French Toast Sticks
	Hash Brown Potatoes	Oven Roasted Breakfast Potatoes	Roasted Sweet Potato Hash	Breakfast Potato Cakes	Hash Brown Patty	Oven Roasted Breakfast Potatoes	Hash Brown Patty
	Oatmeal w/ Fresh Blueberries	Oatmeal w/ Brown Sugar	Oatmeal w/ Raisins	Oatmeal w/ Fresh Strawberries	Oatmeal w/ Brown Sugar	Oatmeal w/ Fresh Peaches	Oatmeal w/ Brown Sugar
	Buttermilk Biscuits	Buttermilk Biscuits	Buttermilk Biscuits	Buttermilk Biscuits	Buttermilk Biscuits	Buttermilk Biscuits	Buttermilk Biscuits
	Vegan Hash w/ Vegan Sausage - V	Spinach & Egg White Frittata - VG	Potato & Red Pepper Frittata - VG	Scrambled Tofu & Potatoes - V	Quiche Florentine - VG	Spinach & Egg White Frittata - VG	Spinach & Mushroom Quiche - VG




BREAKFAST - WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
	Assorted Pastries / Muffins	Assorted Pastries / Muffins	Assorted Pastries / Muffins	Assorted Pastries / Muffins	Assorted Pastries / Muffins	Assorted Pastries / Muffins	Assorted Pastries / Muffins
	Assorted Bagels / Breads	Assorted Bagels / Breads	Assorted Bagels / Breads	Assorted Bagels / Breads	Assorted Bagels / Breads	Assorted Bagels / Breads	Assorted Bagels / Breads
	Assorted Hot / Cold Cereals	Assorted Hot / Cold Cereals	Assorted Hot / Cold Cereals	Assorted Hot / Cold Cereals	Assorted Hot / Cold Cereals	Assorted Hot / Cold Cereals	Assorted Hot / Cold Cereals
	Breakfast Grill Special	Breakfast Grill Special	Breakfast Grill Special	Breakfast Grill Special	Breakfast Grill Special	Saturday Brunch	Sunday Brunch
	Crispy Bacon (Pork)	Pork Sausage Links	Kielbasa Sausage Links	Grilled Ham Steak	Pork Sausage Links	Breakfast Skillet	Turkey Sausage Gravy
	Crispy Turkey Bacon	Turkey Sausage Patty	Turkey Sausage Patty	Crispy Turkey Bacon	Turkey Sausage Patty	Crispy Turkey Bacon	Kielbasa Sausage Links
Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	
	Scrambled Eggs w/ Cheese	Scrambled Eggs w/ Cheese	Scrambled Eggs w/ Cheese	Scrambled Eggs w/ Cheese	Scrambled Eggs w/ Cheese	Scrambled Eggs w/ Cheese	Scrambled Eggs w/ Cheese
	Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs
	Grits	Grits	Grits	Grits	Grits	Grits	Grits
	Cheesy Grits	Cheesy Grits	Cheesy Grits	Cheesy Grits	Cheesy Grits	Cheesy Grits	Cheesy Grits
	Cinnamon Swirl French Toast	Buttermilk Pancakes	Texas Toast French Toast	French Toast Sticks	Blueberry Pancakes	French Toast w/ Strawberry Topping	Waffles w/ Blueberry Topping
	Oven Roasted Breakfast Potatoes	Potato Patty	Fried Homestyle Potatoes	Breakfast Potato Cakes	Potato Patty	Fried Homestyle Potatoes	Hash Brown Patty
	Oatmeal w/ Craisins	Oatmeal w/ Raisins	Oatmeal	Oatmeal w/ Brown Sugar	Oatmeal w/ fresh Blueberries	Oatmeal w/ Fresh Strawberries	Oatmeal w/ Fresh Peaches
	Buttermilk Biscuits	Buttermilk Biscuits	Buttermilk Biscuits	Buttermilk Biscuits	Buttermilk Biscuits	Buttermilk Biscuits	Buttermilk Biscuits
	Vegan Sausage & Sweet Potato Hash - V	Scrambled Tofu & Potatoes - V	Vegan Sausage & Grilled Vegetable Hash - V	Vegetable & Potato Frittata - VG	Spinach & Mushroom Quiche - VG	Roasted Vegetable Frittata - VG	Scrambled Tofu & Potatoes - V






LUNCH - WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Lunch Grill Special	Lunch Grill Special	Lunch Grill Special	Lunch Grill Special	Lunch Grill Special	Lunch Grill Special	Lunch Grill Special
	Chicken Tenders (3 Pieces)	Chili & Cheese Beef Hot Dog	Chicken Quesadilla	Buffalo Chicken Sandwich	Fish-n-Chips	Philly Cheesesteak (Chicken)	Bacon Cheeseburger
	Fries	Onion Rings	Pico De Gallo	Coleslaw	Onion Rings	Fries	Onion Rings
				Fries			
	VVK : Lunch Vegan	VVK : Lunch Vegan	VVK : Lunch Vegan	VVK : Lunch Vegan	VVK : Lunch Vegan	VVK : Lunch Vegan	VVK : Lunch Vegan
	Curried Tofu w/ Coconut Rice Pilaf	Sundried Tomato and Zucchini Quinoa	Spaghetti Squash w/	Florentine Stuffed Portabella	Kidney Bean & Tomato Stew	Teriyaki Glazed tofu	Spicy Sweet Potato Hash
	Sauteed Bok Choy	Roasted Caluiflower Steak	Roasted Tomato Marinara	Herb-Infused Orzo	Brown Rice	Lemon Garlic Broccoli and Pepper Medley	w/ Roasted Eggplant
			Grilled Vegetable Medley	Garlic Bread			Kale & Blackeyed Pea Medley
	Traditions	Traditions	Laurens Home Cooking	Traditions	Laurens Home Cooking	Laurens Home Cooking	Laurens Home Cooking
	BBQ Chicken Quarters	HOT DOG BAR	Herb Roasted Turkey Breast	Fried Pork Chops	Mesquite Maple Rubbed Ribs	Fried Fish	Meatloaf
	Roast Beef w/ Aus Ju	Beef Hot Dog	Honey & Brown Sugar Glazed Ham	Cream Gravy	BBQ Shredded Beef	Buttermilk Fried Chicken	Cajun Spiced Baked Salmon
	Mixed Vegetable Medley	Turkey Hot Dog	Garlic Mashed Potatoes	Turkey Meatloaf	Baked Beans	Macaroni Cheese	Saffron-Infused Rice Pilaf
	Steamed Broccoli w/ Cheese Sauce	Vegan Jot Dog	Country Style Green Beans	Dirty Mashed Potatoes	Potato Salad	Vegetable Medley	Roasted Brussel Sprouts
	Rice Pilaf	Corn Dog	Pan Fried Corn	Turnip Greens	Coleslaw	Braised Greens	Garlic Smashed Potatoes
	Escaloped Potatoes	Chili & Cheese Sauce	Mushroom Gravy	Creamed Corn	Honey Glazed Carrots	Sweet Potato Souffle	Vegetable Medley
	Hot Yeast Rolls	Sauerkraut	Corn Bread Muffins	Buttered Rolls	Corn Bread	Butermilk Biscuits	Green Bean Medley
		Waffle Fries					
		Bakes Beans					
		Cole Slaw					
		Corn-on-the-Cob					
	Simmering Sensations	Simmering Sensations	Simmering Sensations	Simmering Sensations	Simmering Sensations	Simmering Sensations	Simmering Sensations
	AM	AM	AM	AM	AM	AM	AM
	Chicken Noodle	Chicken Tortilla	Chicken & Dumplings	Mulligatawny	Chicken Chili	Chicken & Roasted Vegetable	Chicken Noodle
	Broccoli & Cheddar	Roasted Corn Chowder	Baked Potato	Curried White Bean and Kale	Cream of Mushroom	Cream of Crab	Cream of Asparagus
	PM	PM	PM	PM	PM	PM	

LUNCH - WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Lunch Grill Special	Lunch Grill Special	Lunch Grill Special	Lunch Grill Special	Lunch Grill Special	Lunch Grill Special	Lunch Grill Special
	Shrimp Po'Boy	Turkey & Swiss Burger	Santa Fe Chicken Nachos	BBQ Pulled Chicken Sandwich	Peach Glazed Grilled Chicken Sandwich	Fish Nuggets	Bacon Cheeseburger
	Fries	Onion Rings	Pico De Gallo	Coleslaw	Sandwich	Fries	Onion Rings
			Chips	Fries	Sweet Potato Fries		
	VVK : Lunch Vegan	VVK : Lunch Vegan	VVK : Lunch Vegan	VVK : Lunch Vegan	VVK : Lunch Vegan	VVK : Lunch Vegan	VVK : Lunch Vegan
	Roasted Eggplant & Spicy Potato Hash	Enchilada Stuffed Peppers	Vegan Red Rice & Tomatoes	Creamy Butternut Squash over Farro	Veagan Chili and Black Beans	Vegetable Lo Mein	Spicy Sweet Potato Hash w/ Roasted Eggplant
	Cannellini Bean & Tomato Ragù	Spicy Black Bean Corn Salsa	Fried Sage & Edamame Beans	and Roasted Sweet Corn	Red Peppers	Mushrooms / Broccolini and Pepper Medley	Kale & Blackeyed Pea Medley
	Traditions	Traditions	Laurens Home Cooking	Traditions	Laurens Home Cooking	Traditions	Laurens Home Cooking
	Chicken & Sausage Jambalaya	Pork Carnitas	Fried Chicken	Lasagna (Beef)	Fried Catfish Nuggets	General's Tso's Chicken	BBQ Pulled Chicken
	Blackened Tilapia w/ Cajun Cream Sauce	Pulled Chicken	Baked Chicken	Grilled Chicken Alfredo	Seafood Newburg	Pepper Steak	BBQ Riblet Sandwich
	Red Beans & Rice	Fajita Beef	Beef Liver & Onions	Fettuccini w/ Parsley	Rice Pilaf	Steamed Rice	Fish Cakes
	Cajun Spiced Corn-on-the Cob	Pepper & Onion Medley	Smothered Turkey Wings	Sundried Tomatoes & Olive Oil	French Styled Green Beans	Stir-Fry Vegetable Medley	Braised Greens
	Roasted Vegetable Medley	Black Beans	Southern Green Beans	Steamed Broccoli	Hush Puppies	Egg Rolls	Vegetable Medley
	Sauteed Spinach Medley	Pico De Gallo	Vegetable Medley	Grilled Vegetable Medley	Potatoes Au Gratin		Macaroni Cheese
	Corn Bread Flap Jacks	Guacamole & Chips	Macaroni & Cheese	Garlic Breadsticks	Corn Puding	Warm Yeast Rolls	Sweet Potato Souffle
		Warm Flour Tortillas	Candied Yams				Rolls
		Cilantro Lime Rice	Steamed Rice				
		Fried Plantains	Corn Bread				
	Simmering Sensations	Simmering Sensations	Simmering Sensations	Simmering Sensations	Simmering Sensations	Simmering Sensations	Simmering Sensations
AM	AM	AM	AM	AM	AM	AM	
Tomato & Basil	French Onion	Roasted Red Pepper Bisque	Caribbean Black Bean	Hoppin John Chowder	New England Clam Chowder	Sunday Beef Stew	
Minestrone	Butternut Squash	Spinach Florentine	Spiced Carrot Bisque	Garden Vegetable	Sweet Potato & Lentil	Hearty Mixed Vegetable	
PM	PM	PM	PM	PM	PM	PM	

LUNCH - WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Lunch Grill Special	Lunch Grill Special	Lunch Grill Special	Lunch Grill Special	Lunch Grill Special	Lunch Grill Special	Lunch Grill Special
	BBQ Pulled Pork Sandwich	Turkey Chili Beef Hot Dog	Philly Cheesesteak (Chicken)	Cuban Sandwich	Philly Cheesesteak (Beef)	Chicken Parmesan Sandwich	Italian Sausage-n-Peppers
	Coleslaw	Onion Rings	Fries	Fried Plantain	Onion Rings	Onion Rings	Chili & Cheese Fries
	Fries			Yuca Slaw			
	VVK : Lunch Vegan	VVK : Lunch Vegan	VVK : Lunch Vegan	VVK : Lunch Vegan	VVK : Lunch Vegan	VVK : Lunch Vegan	VVK : Lunch Vegan
	Seasame Tofu & Vegetables	Vegan Burrito Bowl	Vegetable Quiche	Vegetable Shepherds Pie	Mediterranean Quinoa	Blackened Tofu Bowl	Spicy Sweet Potato Hash
	White Rice	Avocado & Kale			and Black Bean	Cajun CauliRice	w/ Roasted Eggplant
	Snow Peas & Sautéed Bok Choy	Spicy Black Bean Corn Salsa			Grilled Asparagus	Sautéed Broccoli	Kale & Black-eyed Peas
	Traditions	Traditions	Laurens Home Cooking	Traditions	Laurens Home Cooking	Laurens Home Cooking	Laurens Home Cooking
	Sweet & Sour Pork	Fiesta Lime Chicken Thighs	Fried Chicken	Chicken Pot Pie	Fried Fish	Fried Chicken	BBQ Chicken
	Apricot Glazed Chicken Breast	Pulled Pork	Smothered Baked Chicken	Shepherds Pie (Beef)	Stuffed Pasta Shells	Fish Cakes	Herb Roasted Chicken
	Vegetable Fried Rice	Taco Ground Beef	Beef Liver & Onions	Sugar Snap Peas	Shrimp Scampi	Macaroni Cheese	Turkey Meatloaf
	Asian Vegetable Medley	Yellow Rice & Beans	Braised Collard Green	Cauliflower Medley	Roasted Potatoes	Rice Pilaf	Mashed Potatoes
	Egg Rolls	Mexican Green Beans	Fried Cabbage		Vegetable Medley	Sweet Potato Souffle	Braised Greens
		Pico De Gallo	Vegetable Medley		Green Bean Medley	Broccoli Medley	Vegetable Medley
		Guacamole	Corn-on-the-Cob		Old Bay Spiced Cob Corn	Roasted Sweet Corn	Gravy
		Warm Flour Tortillas	Macaroni & Cheese		Corn Bread Muffins		Macaroni Cheese
		Queso and Chips	Marshmallow Topped Sweet Potatoes				Potato Salad
	Simmering Sensations	Simmering Sensations	Simmering Sensations	Simmering Sensations	Simmering Sensations	Simmering Sensations	Simmering Sensations
	AM	AM	AM	AM	AM	AM	AM
	Chicken Noodle	Chicken Tortilla	Chicken & Dumplings	Mulligatawny	Chicken Chili	Chicken & Roasted Vegetable	Chicken Noodle
	Broccoli & Cheddar	Roasted Corn Chowder	Baked Potato	Curried White Bean and Kale	Cream of Mushroom	Cream of Crab	Cream of Asparagus
	PM	PM	PM	PM	PM	PM	




DINNER - WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Dinner Grill Special	Dinner Grill Special	Dinner Grill Special	Dinner Grill Special	Dinner Grill Special	Dinner Grill Special	Dinner Grill Special
	Cheeseburger Quesadilla	BBQ Grilled Chicken	Chili Cheeseburger	Grilled Chicken Breast	Cajun Fried Chicken	Buffalo Chicken Quesadilla	Grilled Monte Cristo
	Fries	Onion Rings	Fries	w/ Honey Lime Sriracha Sauce	Po Boy	Onion Rings	Steak Fries
				Rice Pilaf	Sweet Potato Waffle Fries		
	Dinner (Vegan Option)	Dinner (Vegan Option)	Dinner (Vegan Option)	Dinner (Vegan Option)	Dinner (Vegan Option)	Dinner (Vegan Option)	Dinner (Vegan Option)
	Stuffed Peppers - V	Curried Vegetable Pot Pie - V	Buffalo Cauliflower Steaks - V	Couscous Cake - V	Butternut Squash & Roasted	Vegan Shepards Pie - V	Vegan Salisbury Steak - V
	Wild Rice Pilaf		Vegan MeatLoaf -VG	w/ Black Bean & Corn Salsa	Brussel Sprout Medley - V		w/ Roasted Potatoes
	Vegetable Medley				Basmati Rice Pilaf		Kale & Pearl Onion Medley
	Traditions	Traditions	Traditions	Traditions	Laurens Home Cooking	Laurens Home Cooking	Laurens Home Cooking
	Baked Lemon Pepper Cod	Country Fried Steak	Swedish Meatballs	Jerk Pork	Shrimp Creole	BBQ Beef Brisket	Smothered Turkey Wings
	Herb Roasted Pork Loin	w/ Pepper Cream Gravy	w/ Buttered Egg Noodles	Curry Chicken	Fried Chicken Wings	Sweet & Sour Turkey Meatballs	BBQ Pork Chops
	White Rice	Chipotle Grilled Chicken	Rotisserie Baked Chicken	Rice & Peas	Roasted Cajun Potatoes	Baked Beans	Garlic Mashed Potatoes
	Gravy	Mashed Potatoes	Brown Rice Pilaf	Ginger Spiced Snow Peas	Dirty Rice	Steamed White Rice	Green Peas
	Green Bean & Pepper Medley	Fried Cabbage	Roasted Brussel Sprouts	Confetti Cabbage	Corn-on-the-Cob	Mustard Greens	Fried Cabbage
	Peas & Carrots	Broccoli & Pepper Medley	Sauteed Yellow Squash	Coco Bread	Vegetable Medley	Cheese Biscuits	Vegetable Medley
	Warm Yeast Rolls	Turkey Baked Ziti	Shrimp Lo Mein	Fried Plantain	w/ Queso Blanco	Green Bean & Yellow Squash Medley	Green Bean Medley
	Beef Lo Mein	Garlic Bread	Egg Rolls	Sausage & Peppers	Corn Muffins	Baked Spaghetti & Meat sauce	General Tso's Chicken
	Egg Rolls			w/ Linguini Pasta	Pork Fried Rice	Garlic Bread	Steamed Basmati Rice
					Egg Rolls		

DINNER - WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Dinner Grill Special	Dinner Grill Special	Dinner Grill Special	Dinner Grill Special	Dinner Grill Special	Dinner Grill Special	Dinner Grill Special
	Chicago Dog	Buffalo Chicken Quesadilla	Mushroom & Swiss Burger	Southwestern Beef Quesadilla	Tuna Melt	Honey Chipotle Wings	Blackened Chicken Sandwich
	Fries	Onion Rings	Fries	Pico De Gallo	Coleslaw	Sweet Potato Fries	Steak Fries
				Chips			
	Dinner (Vegan Option)	Dinner (Vegan Option)	Dinner (Vegan Option)	Dinner (Vegan Option)	Dinner (Vegan Option)	Dinner (Vegan Option)	Dinner (Vegan Option)
	Three Bean Chili - V	Spaghetti Squash - V	General Tso's Cauliflower - V	Stuffed Potatoes - V	Stuffed Portabella Mushroom	Eggplant Parmesan - VG	Spicy Sweet Potato Hash
	Brown Rice	& Wild Mushroom Ragout	Jasmine Rice	w/ Vegetables & Quinoa	w/ Israeli Couscous - V	Sauteed Broccolini	w/ Roasted Eggplant - VG
					Green Beans and	and Pepper Medley	Kale & Blackeyed Pea
					Red Peppers		Medley
	Laurens Home Cooking	Traditions	Laurens Home Cooking	Traditions	Laurens Home Cooking	Laurens Home Cooking	Laurens Home Cooking
	Salisbury Steak	Rotisserie Chicken	Fried Catfish	Parmesan Crusted Chicken Breast	Fried Pork Chop	BBQ Chicken Wings	Roasted Turkey w/ Gravy
	Herb Roasted Pork Loin	Apricot Glazed Turkey Breast	Chicken & Sausage Jambalaya	London Broil & Peppers	Beer Battered Cod	Beef Meatloaf w/ Onion Gravy	Blackened Tilapia
	Scalloped Potatoes	Wild Rice Pilaf	Red Beans & Rice	Sweet Potato Souffle	Baked Jumbo Pasta Shells	Dirty Mashed Potatoes	Mashed Potatoes
	Green Peas & Corn	Sauteed Spinach & Onions	Okra & Tomatoes	Roasted Brussel Sprouts	Roasted Squash Medley	Cream of Corn	Cornbread Stuffing
	Roasted Cauliflower	Buttered Carrots	Sauteed Cabbage & Spinach	Sweet Corn	Collard Greens	Green Bean Medley	French Style Green Beans
	Corn Muffins	Chicken Lo Mein	Corn Muffins	Shrimp Fried Rice	Corn Muffins	Cheese Biscuits	Turnip Greens
	Ravioli Casserole	Egg Rolls	Bow Tie Pasta w/	Egg Rolls	Cajun Chicken Pasta	Beef Lo Mein	Hot Buttered Rolls
	w/ Meat Sauce		Mushrooms & Spinach		Fettuccini	White Rice	Chicken & Broccoli Alfredo
	Garlic Bread					Egg Rolls	Fettuccini Pasta

DINNER - WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Dinner Grill Special	Dinner Grill Special	Dinner Grill Special	Dinner Grill Special	Dinner Grill Special	Dinner Grill Special	Dinner Grill Special
	Italian Meatball Sub	Fajita Bowl	Southwestern Chicken Quesadilla	Fish-n-Chips	Popcorn Shrimp Basket	Bacon Cheeseburger	Jerk Chicken Sandwich
	Fries	Black Bean & Corn Salsa	Pico De Gallo	Coleslaw	Old Bay Fries	Sweet Potato Fries	Steak Fries
			Chips				Mango Coleslaw
	Dinner (Vegan Option)	Dinner (Vegan Option)	Dinner (Vegan Option)	Dinner (Vegan Option)	Dinner (Vegan Option)	Dinner (Vegan Option)	Dinner (Vegan Option)
	Curried Tofu - V	Spaghetti Squash - V	Quinoa w/ Sundried Tomatoes	Vegetable Stuffed Portabella	Wild Rice Bowl - V	Grilled Tofu - V	White Bea, Kale & Tomato Ragù
	Coconut Rice Pilaf	w/ Roasted Tomatoes	and Grilled Zucchini - V	Orzo Pasta w/ Fresh Herbs	Roasted Sweet Potatoes	w/ Brown Rice	w/ Steamed White Rice - V
	Sauteed Bok Choy	Tempura Vegetables		and Sweet Corn - VG	Dried Cranberries	Sauteed Broccolini, Mushrooms	
				and Sweet Corn	and Peppers		
	Traditions	Traditions	Laurens Home Cooking	Traditions	Laurens Home Cooking	Laurens Home Cooking	Laurens Home Cooking
	BBQ Chicken	Herb Roasted Turkey Breast	Beef Tips w/ Mushrooms Gravy	Fried Pork Chops	Sweet & Sticky St Louis Ribs	Rotisserie Chicken	Chipotle Roasted Pork Chop
	Roast Beef w/ Aus Ju	Baked Honey Ham	Bourbon Glazed Pork Chops	Turkey Meatloaf	BBQ Shredded Beef	Glazed Ham	Lemon Herb Roasted Turkey Wings
	Rice Pilaf	Garlic Mashed Potatoes	Steamed Brown Rice	Dirty Rice	Baked Beans	Green Beans	Au Gratin Potatoes
	Broccoli & Cheese Sauce	Country Style Green Beans	Roasted Cauliflower	Mixed Greens	Macaroni-n-Cheese	Southern Fried Corn	Broccoli & Cauliflower Medley
	Roasted Corn, Peas & Carrots	Pan Fried Corn	Wheat Rolls	Creamed Corn	Braised Greens	Rice Pilaf	Roasted Brussel Sprouts
	Hot Yeast Rolls	Cornbread Muffins	Chicken Fried Rice	Blackened Chicken Alfredo	Coleslaw	Hot Biscuits	Hot Biscuits
	Manicotti w/ Tomato Sauce	Sweet & Sour Meatballs		w/ Broccoli & Fettuccini	Cornbread	Baked Ziti	Pepper Steak
	Garlic Breadsticks	w/ Rice Pilaf		Garlic Bread	Shrimp Fried Rice	Garlic Bread	White Rice
					Egg Rolls		Vegetable Egg Rolls

SALAD SENSATIONS

 Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Salad Greens	Salad Greens	Salad Greens	Salad Greens	Salad Greens	Salad Greens	Salad Greens
Iceberg Mix	Iceberg Mix	Iceberg Mix	Iceberg Mix	Iceberg Mix	Iceberg Mix	Iceberg Mix
Spring Mix (Mesclun)	Spring Mix (Mesclun)	Spring Mix (Mesclun)	Spring Mix (Mesclun)	Spring Mix (Mesclun)	Spring Mix (Mesclun)	Spring Mix (Mesclun)
Baby Spinach	Baby Spinach	Baby Spinach	Baby Spinach	Baby Spinach	Baby Spinach	Baby Spinach
Romaine Lettuce	Romaine Lettuce	Romaine Lettuce	Romaine Lettuce	Romaine Lettuce	Romaine Lettuce	Romaine Lettuce
Chopped Kale	Chopped Kale	Chopped Kale	Chopped Kale	Chopped Kale	Chopped Kale	Chopped Kale
Composition / Specialty Salads	Composition / Specialty Salads	Composition / Specialty Salads	Composition / Specialty Salads	Composition / Specialty Salads	Composition / Specialty Salads	Composition / Specialty Salads
Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice
Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice
Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice
Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice
Salad Toppings	Salad Toppings	Salad Toppings	Salad Toppings	Salad Toppings	Salad Toppings	Salad Toppings
Diced Tomatoes	Diced Tomatoes	Diced Tomatoes	Diced Tomatoes	Diced Tomatoes	Diced Tomatoes	Diced Tomatoes
Broccoli Florets	Broccoli Florets	Broccoli Florets	Broccoli Florets	Broccoli Florets	Broccoli Florets	Broccoli Florets
Cauliflower Florets	Cauliflower Florets	Cauliflower Florets	Cauliflower Florets	Cauliflower Florets	Cauliflower Florets	Cauliflower Florets
Diced Zucchini	Diced Zucchini	Diced Zucchini	Diced Zucchini	Diced Zucchini	Diced Zucchini	Diced Zucchini
Diced Yellow Squash	Diced Yellow Squash	Diced Yellow Squash	Diced Yellow Squash	Diced Yellow Squash	Diced Yellow Squash	Diced Yellow Squash
Sliced Red Onions	Sliced Red Onions	Sliced Red Onions	Sliced Red Onions	Sliced Red Onions	Sliced Red Onions	Sliced Red Onions
Cucumbers	Cucumbers	Cucumbers	Cucumbers	Cucumbers	Cucumbers	Cucumbers
Sliced Black Olives	Sliced Black Olives	Sliced Black Olives	Sliced Black Olives	Sliced Black Olives	Sliced Black Olives	Sliced Black Olives
Mushrooms	Mushrooms	Mushrooms	Mushrooms	Mushrooms	Mushrooms	Mushrooms
Chickpeas	Chickpeas	Chickpeas	Chickpeas	Chickpeas	Chickpeas	Chickpeas
Black Beans	Black Beans	Black Beans	Black Beans	Black Beans	Black Beans	Black Beans
Red Kidney Beans	Red Kidney Beans	Red Kidney Beans	Red Kidney Beans	Red Kidney Beans	Red Kidney Beans	Red Kidney Beans
Shredded Carrots	Shredded Carrots	Shredded Carrots	Shredded Carrots	Shredded Carrots	Shredded Carrots	Shredded Carrots
Shredded Cheddar	Shredded Cheddar	Shredded Cheddar	Shredded Cheddar	Shredded Cheddar	Shredded Cheddar	Shredded Cheddar
Bacon Crumbles	Bacon Crumbles	Bacon Crumbles	Bacon Crumbles	Bacon Crumbles	Bacon Crumbles	Bacon Crumbles
Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs
Croutons	Croutons	Croutons	Croutons	Croutons	Croutons	Croutons
Dried Cranberries	Dried Cranberries	Dried Cranberries	Dried Cranberries	Dried Cranberries	Dried Cranberries	Dried Cranberries
Raisins	Raisins	Raisins	Raisins	Raisins	Raisins	Raisins
Sunflower Seeds	Sunflower Seeds	Sunflower Seeds	Sunflower Seeds	Sunflower Seeds	Sunflower Seeds	Sunflower Seeds
Mandarin Oranges or Sliced Peaches	Mandarin Oranges or Sliced Peaches	Mandarin Oranges or Sliced Peaches	Mandarin Oranges or Sliced Peaches	Mandarin Oranges or Sliced Peaches	Mandarin Oranges or Sliced Peaches	Mandarin Oranges or Sliced Peaches
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Salad Dressings	Salad Dressings	Salad Dressings	Salad Dressings	Salad Dressings	Salad Dressings	Salad Dressings
Ranch	Ranch	Ranch	Ranch	Ranch	Ranch	Ranch
Caesar	Caesar	Caesar	Caesar	Caesar	Caesar	Caesar
Bleu Cheese	Bleu Cheese	Bleu Cheese	Bleu Cheese	Bleu Cheese	Bleu Cheese	Bleu Cheese
Golden Italian	Golden Italian	Golden Italian	Golden Italian	Golden Italian	Golden Italian	Golden Italian
French	French	French	French	French	French	French
Balsamic Vinaigrette	Balsamic Vinaigrette	Balsamic Vinaigrette	Balsamic Vinaigrette	Balsamic Vinaigrette	Balsamic Vinaigrette	Balsamic Vinaigrette
Oil	Oil	Oil	Oil	Oil	Oil	Oil
Red Wine Vinegar	Red Wine Vinegar	Red Wine Vinegar	Red Wine Vinegar	Red Wine Vinegar	Red Wine Vinegar	Red Wine Vinegar
House Made Vinaigrette	House Made Vinaigrette	House Made Vinaigrette	House Made Vinaigrette	House Made Vinaigrette	House Made Vinaigrette	House Made Vinaigrette



NICKS DELI



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday - Lunch Only	Sunday - Closed
Nick's Deli - Breads	Nick's Deli - Breads	Nick's Deli - Breads	Nick's Deli - Breads	Nick's Deli - Breads	Nick's Deli - Breads	Nick's Deli - Breads	Nick's Deli - Breads
High Crown White	High Crown White	High Crown White	High Crown White	High Crown White	High Crown White	High Crown White	High Crown White
High Crown Wheat	High Crown Wheat	High Crown Wheat	High Crown Wheat	High Crown Wheat	High Crown Wheat	High Crown Wheat	High Crown Wheat
Bistro Sub Roll	Bistro Sub Roll	Bistro Sub Roll	Bistro Sub Roll	Bistro Sub Roll	Bistro Sub Roll	Bistro Sub Roll	Bistro Sub Roll
Kaiser Roll	Kaiser Roll	Kaiser Roll	Kaiser Roll	Kaiser Roll	Kaiser Roll	Kaiser Roll	Kaiser Roll
Variety Flour Tortilla 12"	Variety Flour Tortilla 12"	Variety Flour Tortilla 12"	Variety Flour Tortilla 12"	Variety Flour Tortilla 12"	Variety Flour Tortilla 12"	Variety Flour Tortilla 12"	Variety Flour Tortilla 12"
Spinach / Wheat / Tomato / Plain	Spinach / Wheat / Tomato / Plain	Spinach / Wheat / Tomato / Plain	Spinach / Wheat / Tomato / Plain	Spinach / Wheat / Tomato / Plain	Spinach / Wheat / Tomato / Plain	Spinach / Wheat / Tomato / Plain	Spinach / Wheat / Tomato / Plain
Gluten Free Options **	Gluten Free Options **	Gluten Free Options **	Gluten Free Options **	Gluten Free Options **	Gluten Free Options **	Gluten Free Options **	Gluten Free Options **
Nick's Deli - Proteins	Nick's Deli - Proteins	Nick's Deli - Proteins	Nick's Deli - Proteins	Nick's Deli - Proteins	Nick's Deli - Proteins	Nick's Deli - Proteins	Nick's Deli - Proteins
Honey Ham	Honey Ham	Honey Ham	Honey Ham	Honey Ham	Honey Ham	Honey Ham	Honey Ham
Roast Turkey	Roast Turkey	Roast Turkey	Roast Turkey	Roast Turkey	Roast Turkey	Roast Turkey	Roast Turkey
Roast Beef	Roast Beef	Roast Beef	Roast Beef	Roast Beef	Roast Beef	Roast Beef	Roast Beef
Salami	Salami	Salami	Salami	Salami	Salami	Salami	Salami
Bologna	Bologna	Bologna	Bologna	Bologna	Bologna	Bologna	Bologna
Pepperoni	Pepperoni	Pepperoni	Pepperoni	Pepperoni	Pepperoni	Pepperoni	Pepperoni
Tuna Salad	Tuna Salad	Tuna Salad	Tuna Salad	Tuna Salad	Tuna Salad	Tuna Salad	Tuna Salad
Egg Salad	Egg Salad	Egg Salad	Egg Salad	Egg Salad	Egg Salad	Egg Salad	Egg Salad
Marinated Roasted Vegetables	Marinated Roasted Vegetables	Marinated Roasted Vegetables	Marinated Roasted Vegetables	Marinated Roasted Vegetables	Marinated Roasted Vegetables	Marinated Roasted Vegetables	Marinated Roasted Vegetables
Chicken Salad **	Chicken Salad **	Chicken Salad **	Chicken Salad **	Chicken Salad **	Chicken Salad **	Chicken Salad **	Chicken Salad **
Nick's Deli - Toppings	Nick's Deli - Toppings	Nick's Deli - Toppings	Nick's Deli - Toppings	Nick's Deli - Toppings	Nick's Deli - Toppings	Nick's Deli - Toppings	Nick's Deli - Toppings
Sliced Tomatoes	Sliced Tomatoes	Sliced Tomatoes	Sliced Tomatoes	Sliced Tomatoes	Sliced Tomatoes	Sliced Tomatoes	Sliced Tomatoes
Chopped Romaine Lettuce	Chopped Romaine Lettuce	Chopped Romaine Lettuce	Chopped Romaine Lettuce	Chopped Romaine Lettuce	Chopped Romaine Lettuce	Chopped Romaine Lettuce	Chopped Romaine Lettuce
Greenleaf Lettuce	Greenleaf Lettuce	Greenleaf Lettuce	Greenleaf Lettuce	Greenleaf Lettuce	Greenleaf Lettuce	Greenleaf Lettuce	Greenleaf Lettuce
Spinach	Spinach	Spinach	Spinach	Spinach	Spinach	Spinach	Spinach
Sliced Red Onions	Sliced Red Onions	Sliced Red Onions	Sliced Red Onions	Sliced Red Onions	Sliced Red Onions	Sliced Red Onions	Sliced Red Onions
Sliced Pickles	Sliced Pickles	Sliced Pickles	Sliced Pickles	Sliced Pickles	Sliced Pickles	Sliced Pickles	Sliced Pickles
Banana Peppers (Yellow)	Banana Peppers (Yellow)	Banana Peppers (Yellow)	Banana Peppers (Yellow)	Banana Peppers (Yellow)	Banana Peppers (Yellow)	Banana Peppers (Yellow)	Banana Peppers (Yellow)
Red Pepper Relish	Red Pepper Relish	Red Pepper Relish	Red Pepper Relish	Red Pepper Relish	Red Pepper Relish	Red Pepper Relish	Red Pepper Relish
Sliced Olives	Sliced Olives	Sliced Olives	Sliced Olives	Sliced Olives	Sliced Olives	Sliced Olives	Sliced Olives
American Cheese	American Cheese	American Cheese	American Cheese	American Cheese	American Cheese	American Cheese	American Cheese
White American Cheese	White American Cheese	White American Cheese	White American Cheese	White American Cheese	White American Cheese	White American Cheese	White American Cheese
Pepper Jack Cheese	Pepper Jack Cheese	Pepper Jack Cheese	Pepper Jack Cheese	Pepper Jack Cheese	Pepper Jack Cheese	Pepper Jack Cheese	Pepper Jack Cheese
Provolone Cheese	Provolone Cheese	Provolone Cheese	Provolone Cheese	Provolone Cheese	Provolone Cheese	Provolone Cheese	Provolone Cheese
Cheddar Cheese	Cheddar Cheese	Cheddar Cheese	Cheddar Cheese	Cheddar Cheese	Cheddar Cheese	Cheddar Cheese	Cheddar Cheese
Swiss Cheese	Swiss Cheese	Swiss Cheese	Swiss Cheese	Swiss Cheese	Swiss Cheese	Swiss Cheese	Swiss Cheese
Vegan Cheese **	Vegan Cheese **	Vegan Cheese **	Vegan Cheese **	Vegan Cheese **	Vegan Cheese **	Vegan Cheese **	Vegan Cheese **
Nick's Deli - Condiments	Nick's Deli - Condiments	Nick's Deli - Condiments	Nick's Deli - Condiments	Nick's Deli - Condiments	Nick's Deli - Condiments	Nick's Deli - Condiments	Nick's Deli - Condiments
Mayonnaise	Mayonnaise	Mayonnaise	Mayonnaise	Mayonnaise	Mayonnaise	Mayonnaise	Mayonnaise
Chipotle Mayonnaise	Chipotle Mayonnaise	Chipotle Mayonnaise	Chipotle Mayonnaise	Chipotle Mayonnaise	Chipotle Mayonnaise	Chipotle Mayonnaise	Chipotle Mayonnaise
Honey Mustard	Honey Mustard	Honey Mustard	Honey Mustard	Honey Mustard	Honey Mustard	Honey Mustard	Honey Mustard
Dijon Mustard	Dijon Mustard	Dijon Mustard	Dijon Mustard	Dijon Mustard	Dijon Mustard	Dijon Mustard	Dijon Mustard
Yellow Mustard	Yellow Mustard	Yellow Mustard	Yellow Mustard	Yellow Mustard	Yellow Mustard	Yellow Mustard	Yellow Mustard
Ranch Dressing	Ranch Dressing	Ranch Dressing	Ranch Dressing	Ranch Dressing	Ranch Dressing	Ranch Dressing	Ranch Dressing
Oil & Vinegar (Red Wine)	Oil & Vinegar (Red Wine)	Oil & Vinegar (Red Wine)	Oil & Vinegar (Red Wine)	Oil & Vinegar (Red Wine)	Oil & Vinegar (Red Wine)	Oil & Vinegar (Red Wine)	Oil & Vinegar (Red Wine)
Italian Seasoning	Italian Seasoning	Italian Seasoning	Italian Seasoning	Italian Seasoning	Italian Seasoning	Italian Seasoning	Italian Seasoning
Salt & Pepper	Salt & Pepper	Salt & Pepper	Salt & Pepper	Salt & Pepper	Salt & Pepper	Salt & Pepper	Salt & Pepper